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THE FRIENDLIEST NEWSLETTER IN SUSSEX?



TABLE OF CONTENTS

MAY NEWSLETTER 2025

Commodore's News	01
Cobnor Weekend	02
A La Carte Menu	04
First Cruises of the Season	05
Open Day Poster ⊮AY!€	06
Awards Evening Photos	07
Contact Details	08
CMYC Programme	08
RYA Level 1 & 2 Adult Course	09
RYA Stage 1 & 2	10
Topper Open	11
Training & Development	12
Get on the Water Challenge	14
Fun Race 🗕	15









EGGING YOU ON (the water)

Hopefully the Easter Weekend was good to you and was a 'sweet treat' from your usual. We have many treats in store, you only need to refer to the on-line programme (https://www.cmyc.co.uk/members-area/view-programme.htm) or the one in the latest Handbook to enjoy all we have to offer.

Easter is about celebrating the arrival of spring and new beginnings.

As Spring brings new life to the undergrowth in the boat park, please take the opportunity to clear your boat space from brambles and stinging nettles etc., as we start to make the place look cared for and rubbish free (PR3@H) ready for Open Day and the season ahead.

The season ahead includes new beginnings that kick start with the 'Get on the water

challenge' on Sunday 18th May. This is a chance to meet fellow mariners, share a cuppa, get some help, and perhaps see more boats on the water than ever before. It will also give you a flavour of the forthcoming Early Summer Social on 08th June, where we get the chance to welcome new members from our...

... Open Day (04th May). This will be upon us as you read this newsletter so, please take the

opportunity to come along. You are welcome to make the lake picturesque by sailing, kayaking and paddleboarding etc., as well as inviting friends, family, colleagues and acquaintances to make a visit and consider, without obligation, becoming members so that they too can enjoy all that we have to offer.

Open Day is shared with the Sunday Social and Grebe Club whose Spring theme is

environmental with "Green Blue" this month (see https://thegreenblue.org.uk). If you can come early, from 08:30 to help prepare, or from 15:00 to help clear-up that would be great too, and everyone is welcome to come to the Grebe Club session at 10:30 to find out what it is about and learn of this month's Challenge for May that everyone can do. They are keeping it a secret but the theme for June is 'Fun' so don't miss out and also plan to come along on 01st June too!

Thanks go to all of you that kindly responded by moving your boats to allow the Tree

Surgeons to complete everything planned. Thanks also go to Ted (VC Estate), the Tuesday Volunteer Group (TVG), Duncan (Boat Park) and Jeff (Man of many talents) for all the background work to make this an efficient and money well spent exercise. You can now return your boat to its home. Thanks also go to Steve for maintaining the Clubhouse and keeping it watertight – quite important for a sailing club!

Behind the scenes we remain busy planning ahead to maintain the estate, deliver support

for the programme of events and improve the Club's facilities from boating, training and image (from the Imagine Competition). Not all of this is possible today. In addition to the grant application I reported last month I am now working on another and will soon need your help with this to make your ideas become a reality. If you want to know what's being planned ahead of time feel free to ask me.

Richard

Commodore PR3@H = Please Remove/Rubbish/Recycle at Home – thanks.

Cobnor Weekend 17th – 19th October



Cost: £110 - includes accommodation, dinghies and great food. (£60 for instructors and powerboat crews)

Experience sailing in the beautiful tidal Chichester Harbour. Take your sailing to new levels or just enjoy the freedom of the open water.

These weekends are primarily aimed at our youth sailors (13 to 18 years), but if we have space then we are also happy to include adults or perhaps confident younger sailors. Ideally sailors will have achieved Stage 2 or Level 2, but this is not essential. Those with advanced skills such as RYA Seamanship can put these skills into practice.

A typical weekend starts with arrivals between 17.30 and 19:00 on Friday, in time for an evening meal. There is some flexibility and later arrival or arrival before 8:00 on Saturday can be accepted. On Saturday morning we sail locally for a couple of hours, possibly up towards Bosham or down into the Chichester Channel depending on the tide and wind, returning to CACT for lunch. In the afternoon we venture further afield, to Dell Quay if tides and wind permit. On Saturday evening, we have a wholesome meal followed by games. Then on Sunday we typically sail west toward Hayling Island and stop for a snack on East Head before returning to CACT for a late lunch. After lunch everyone helps clear up so that we are ready to leave by 16:00.

We sail in Wayfarer dinghies belonging to CACT plus one or two of our RS Quests or 2000s. The Wayfarers take up to four crew including one of our instructors. The Quests and 2000s take three crew including one of our instructors. We put our more experienced sailors in the Quests so that they can experience sailing with a symmetric spinnaker and trapeze.

As an RYA Training Centre, we are not allowed to run RYA courses away from Hedgecourt Lake, but that does not mean we can't have a great time and learn new skills. Sailing in a tidal harbour is very different from sailing on Hedgecourt lake; tides, waves, steady winds, moored boats and racing fleets all add to the challenge and interest.





Cobnor Weekend 17th – 19th October

Accommodation is in a log cabin bunkhouse, with two to eight bunks per room.

All this requires support, we need one person to run the galley (please contact Jeff), plus powerboat helms and dinghy instructors. If parents are able to help that is ideal. We are flexible and can work with anyone wishing to sail or powerboat and run the galley.

We will run two powerboats, each having a crew of two, both of whom must be RYA Powerboat Level 2 qualified and one must also be Safety boat qualified.

Places can be requested via WebCollect https://webcollect.org.uk/cmyc/

from 1st May until 30th June, Please DO NOT pay until places have been confirmed,

shortly after 30th June. You will receive an email confirming your place, or if oversubscribed (sailing and powerboat) we may have to prioritise who places are allocated to.

IMPORTANT: Please will all those wishing to attend (instructors, powerboat, helpers and sailors) complete the WebCollect request.

For further details contact Jeff Smith: jeffnsmith76@gmail.com

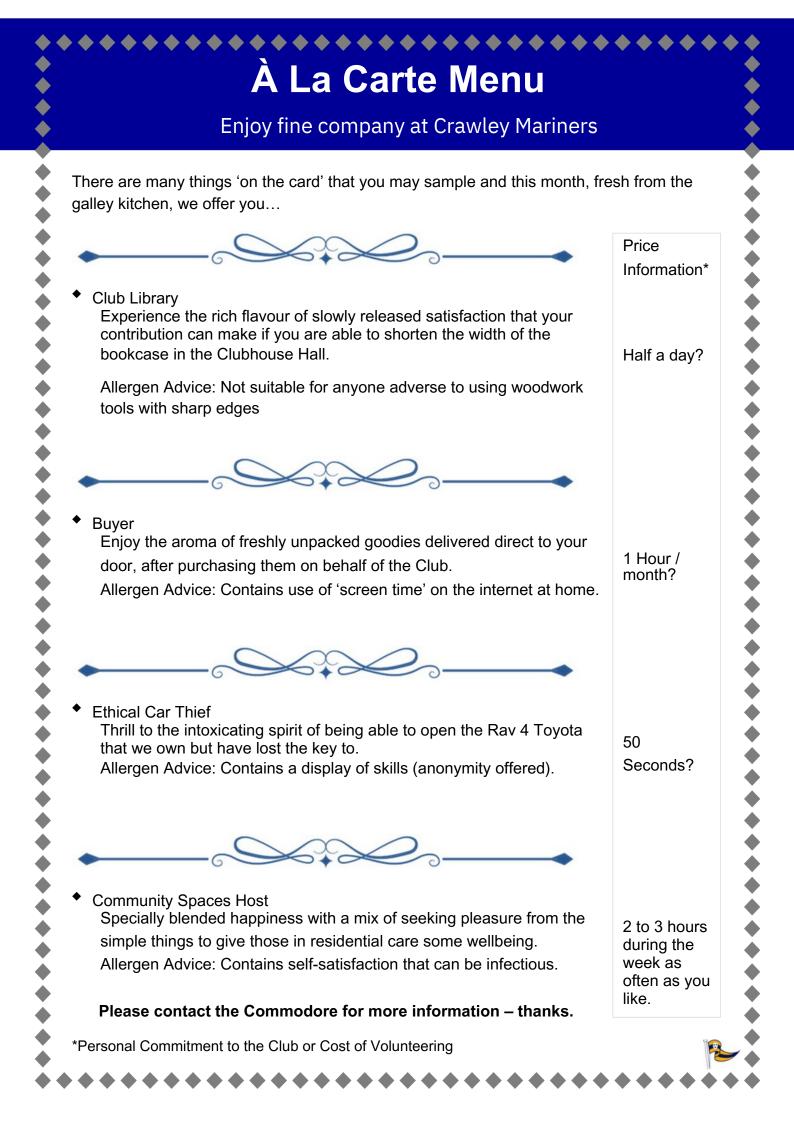
Watch the video https://www.youtube.com/watch?v=IVG2_8iEPow











Two Contrasting Cruises to Start the New Season

Chichester Harbour is indeed a beautiful and ever changing place. Its appearance alters every hour with the state of the tide and the weather. Our first outing was on Saturday 5th April and while the sun was shining there was a cold and strong easterly wind. I was glad to wear my dry suit. Just two boats had signed up, I launched from Cobnor with Dave M and Kevin as crew. We put two reefs in the main, left the jib furled and and crossed the channel to Itchenor where Kathy and Ian launched their Comet Versa. It was a neap tide so low water about midday and we fairly flew down to East Head. There was little shelter there from the easterly wind so we picnicked and re-launched. The wind had increased F5-6 and was now against the flood tide indeed beautiful making for a wet and bumpy ride back. We discovered in the process that the bow tank in my Victoria seemed to have developed a leak presumably due to the pounding and flexing around the mast base and centreboard area. We had an otherwise uneventful sail back to Itchenor, Kathy and Ian coped well with the conditions in their Comet Versa.

Saturday 12th by contrast was again sunny but with NE F3-4 forecast,

dropping and veering S. While I had made repairs to the Victoria I wanted to leave it for the glue to cure properly. A fellow Cobnor boat park neighbour, Patrick had invited me to sail in his new Hartley Wanderer and I was pleased to crew. He also had an ePropulsion outboard fitted though we did not get to experiment with it on the day. Patrick's friend Alan joined us for the crossing to Itchenor where he transferred to Kevin's Wanderer. The two Wanderers were supplemented by two Comet Versas, Kathy and Ian, Dave and Brian.

We sailed rapidly down to East Head on a single tack arriving early. Dave Monk then suggested a sail to Emsworth and as we would be arriving near high water we could get into the town. We had a lovely brisk sunny sail to Emsworth and anchored just off the quay. We had lunch there surrounded by numerous swans and we enjoyed watching the comings and goings. We then had a brisk sail back to Itchenor reach where we were met with the full force of the spring ebb tide sluicing out past the buoys.

Remembering Keith Hiscock's sage advice from my level 3 course many years ago I made for the shallows off Bosham Hoe, short tacked out of the worst of the tide till well upstream of our destination then "ferry glided" across to arrive at Itchenor. Dave was already there and the other boats followed suit. We were all agreed that this had been one of the most enjoyable cruises we could remember. I crossed back to Cobnor with Patrick and Allan and packed the boat away.

The cruises coming up are as follows:

Sat 17th May Chichester 15.24 4.2 2.9 Mid * *Novice Cruisers and Slower Boats especially Welcome.*









Good news! Try sailing for <u>free</u>

CRAWLEY MARINERS YACHT CLUB OPEN DAY

Sunday 4th May 2025 10am - 4pm

Not to be missed
Bring friends & family
More than a sailing club!



Where we sail Hedgecourt Lake, RH19 2QG



The friendliest? We'd like to think so

www.cmyc.co.uk

Awards Evening Photos



B

Contact Detail Updates

Just a small update to the 2025 Handbook as it would appear a slight gremlin slipped in.

On the back page of the Programme are the CMYC Contact Details

About two-thirds down on the lefthand side you will find Alison Larkin's name but unfortunately the contact details shown there are for Diana Thompson, who advises on Junior and Youth development. The contact telephone number is correct for Diana.





You will find Alison's correct contact details on Page 9

of the programme under the details for Saturday Clubs – Adult and Junior.

Alison is the contact for Junior Saturday Clubs and her email is: alison.cmyc@gmail.com

CMYC May Programme

		May				
Thu	1	Thursday Informal Sailing	Hedgecourt	10:30	Support boat not guaranteed	16:00
Sun	4	Open Day	Hedgecourt	9:00	Invite friends & support your Club	
Sun	4	Social & The Grebe Club - Green Blue	CMYC Clubhouse	10:30	former and the second second	12:30
Mon	5	Instructed Kayak Session	Hedgecourt	18:30	Register via WebCollect	19:30
Wed	7	Endeavour Trophy 2	Hedgecourt	19:15	1 x 45 min. race	20:15
Thu	8	Thursday Informal Sailing	Hedgecourt	10:30	Support boat not guaranteed	16:00
Sat	10	Junior Saturday Club	Hedgecourt		Register by preceding Wednesday	
Sun	11	Spring Sundays 9&10	Hedgecourt	10:30	2 x 45 min. races back to back	12:30
Mon	12	Instructed Kayak Session	Hedgecourt	18:30	Register via WebCollect	19:30
Wed	14	Endeavour Trophy 3	Hedgecourt	19:15	1 x 45 min. race	20:15
Thu	15	Thursday Informal Sailing	Hedgecourt	10:30	Support boat not guaranteed	16:00
Fri	16	Women on Water	Hedgecourt	18:00	Social evening sailing for women	20:00
Sat	17	Itchenor Cruise (with support boat) (mid tide HW 15:24)	Chichester Harbour		For novice cruisers	
Sun	18	Have a Go Racing 1	Hedgecourt	14:30	3 or 2 races of 20 or 30 mins	16:00
Sun	18	Social Sailing 1	Hedgecourt	14:00	Support boat cover	16:30
Sun	18	Get on the water challenge	Hedgecourt	9:30		12:00
Mon	19	Instructed Kayak Session	Hedgecourt	18:30	Register via WebCollect	19:30
Wed	21	Endeavour Trophy 4	Hedgecourt	19:15	1 x 45 min. race	20:15
Thu	22	Thursday Informal Sailing	Hedgecourt	10:30	Support boat not guaranteed	16:00
Sat	24	Adult Saturday Club	Hedgecourt	9:30	Register by preceding Wednesday	12:30
Sat	24	Beginners Race Series 3	Hedgecourt	13:30	30 min race	14:00
Sat	24	One per Month Series 3	Hedgecourt	15:00	1 x 60 min race	16:00
Sun	25	Spring Sundays 11&12	Hedgecourt	10:30	2 x 45 min. races back to back	12:30
Mon	26	Instructed Kayak Session	Hedgecourt	18:30	Register via WebCollect	19:30
Wed	28	Endeavour Trophy 5	Hedgecourt	19:15	1 x 45 min. race	20:15
Thu	29	Thursday Informal Sailing	Hedgecourt	10:30	Support boat not guaranteed	16:00

RYA Dinghy Sailing Course for Adults

Start Sailing – Level 1 & Basic Skills – Level 2



Course Fee per person using a club boat: £175

Course Fee per person using own boat: £150

(If you wish to use your own boat, it must be a suitable double handed dinghy large enough for 3 adults)

All course training books and certificates are included in the cost of the course.

This four-day course covers the Start Sailing and Basic Skills syllabi from the RYA National Sailing Scheme. No previous sailing experience is necessary. The course provides a basic knowledge and understanding of dinghy sailing. On successful completion of the course, you will be able to handle a dinghy competently in light wind conditions.

This course is essentially a practical one giving instruction in the basic techniques needed to rig a dinghy. launch, leave the shore, sail around a course involving all points of sailing and return to land. Practical sessions are held on Hedgecourt Lake. Theory sessions required to support the practical aspects of the course along with briefings will be held in the CMYC Clubhouse. The emphasis is very much on a safe, seamanlike approach to sailing.

For this course we use appropriate double-handed dinghies, club dinghies include: RS Quests; Laser 2000; Wanderers and Topaz Omega. You may also use your own boat provided it is capable of holding three adults and considered suitable for the course.

The course is intended for adults and older teenagers, as younger members will have the opportunity to join the RYA Youth Sailing Scheme Stage 1 & Stage 2 course running on the same four days, details elsewhere.

Day 1 – Saturday 21^sJune; 9:00 – 17:00 Day 2 – Sunday 22nd June; 9:00 – 17:00 Day 3 – Saturday 28^tJune; 9:00 – 17:00 th Day 4 – Sunday 29 June; 9:00 – 17:00



Booking via Web Collect from 1st April 2024

(This may all seem a bit early but Open Day is on 4thMay this year, so to avoid disappointment book before then.)

Payment is required by the 14th June and should be made by bank transfer if possible. Any queries? email: jeffnsmith76@gmail.com - Bookings close on the 7th June If the course is fully booked, please add your name to the waiting list, we may be able to add more places if we have sufficient instructors and boats.

RYA Young Sailors Stage 1 & 2 Course

Course Fee: £110 - for those using their own Topper **Course Fee: £135** - for those using a club Topper

All course training books and certificates are included in the cost of the course.

Day 1 – Saturday 21st June; 9:00 – 17:00 Day 2 – Sunday 22nd June; 9:00 – 17:00 Day 3 – Saturday 28th June; 9:00 – 17:00 Day 4 – Sunday 29th June; 9:00 – 17:00



This course is ideal for complete beginners and for those who have been attending Junior Saturday Clubs, it will teach the basics for beginners and reinforce knowledge gained previously and expand on this for those with some experience. This course covers Stage 1 & Stage 2 of the RYA Youth Sailing Scheme and is open to young sailors aged 10 to 15 years. It runs concurrently with the adult course, giving parents the opportunity to achieve RYA Level 2 at the same time.

By the end of the course the young sailors will be safety conscious and able to rig and sail a dinghy confidently in light winds. Toppers dinghies will be used and each sailor will be in a boat on their own. Please be aware there are a limited number of club Toppers available and you should use your own Topper if you have one. Numbers on the course are also limited by the number of instructors available. All sessions are held at CMYC.

Booking opens via Web Collect on 1st April 2025

(This may all seem a bit early but Open Day is on 4th May this year, so to avoid disappointment book before then.)

Payment is required by the 14th June and should be made by bank transfer if possible. Any queries? email: jeffnsmith76@gmail.com - Bookings close on the 7th June If the course is fully booked, please add your name to the waiting list, we may be able to add more places if we have sufficient instructors and boats.

Topper Open Report

L&SE Spring Traveller 2 - 29th March 2025

Sun, Shifts, and Close Racing at Crawley Mariners YC Topper Open

Crawley Mariners Yacht Club hosted a sunny Topper Open on 29th March, welcoming 25 sailors— 17 visitors and 8 club boats—to their beautiful lake. With a forecast of 5–17 knots and plenty of spring sunshine, conditions looked promising from the start.

Early wind shifts kept the race committee busy, but once settled, racing got underway. The fleet

delivered close, tactical competition, with the breeze gradually building but remaining shifty and

unpredictable-keeping sailors on their toes all day.

Spectators enjoyed the action from the shoreline, basking in the sun and encouraging competitors. The friendly, buzzing atmosphere made for a fantastic day all round.

Thanks to Rooster for sponsoring some very generous prizes, and congratulations to all competitors!

Final Results

4.2 Fleet

1st Alfie Tollit (Shoreham SC) 2nd Isabelle Simpson (Island Barn SC) 3rd Rex Wraight (Datchet Water SC)

5.3 Fleet

1st Sam Mason (Silver Wing SC) 2nd Thomas Matthews (Island Barn SC) 3rd Tiphaine Ungari (Wembley SC)

6.4 Fleet

1st Erica Bishop

Special Mentions

1st CMYC Sailor (outside top 3): Szymon Giersz 1st Girl (outside top 3): Emily Courtney (CMYC)

Spot Prizes

Ben Hughes –sailing a boat called "Don't Panic", and doing just that as he 'windsurfed' across the finish line when his mainsheet came undone!

Lena Tokajuk – for smooth trim, textbook roll tacking, and a constant smile!

Sam Mason (5.3 winner) shares his take on the day's action below.

By Sam Mason

'We arrived at Crawley Mariners Yacht Club on a sunny Saturday morning and after everyone rigged their boats and got changed we hit the water. The wind was shifty but building throughout the day and the woods surrounding the lake caused some challenging conditions. It paid to focus on getting in-phase with the shifts and going towards the pressure.

Training & Development

Upcoming Training & Development Opportunities

- Grebe Club Green Blue Sunday 4th May
- Junior Saturday Club 10th May book on WebCollect.
- Have a Go Racing 18th May & 1st June, no booking needed
- Adult Saturday Club 24th May book on WebCollect.
- Grebe Club Fun 1st June no booking needed
- RYA Levels 1&2 (adults) 21,22,28&29 June book on WebCollect, see separate flyers for more detail.
- RYA Stages 1&2 (juniors) 21,22,28&29 June <u>book on WebCollect</u>, see separate flyers for more detail.
- Racing Rules & Rapid Races 5th July see below
- Cobnor Weekend 17th 19th October book on WebCollect, see separate flyers for more detail.

Feedback

Please give feedback on any CMYC training, click here to complete the form, there is a link to form on the club Website in Members Area – Policies and Documents.

Racing Rules (am) & Rapid Races (pm)

Both these sessions are open to adults and children. You can attend either or both. The Racing Rules session will be held in the clubhouse, it is ideal for those intending to go to events such as NSSA & WSSYSA or just joining in club racing. The Rapid Races will be as many short races as we can fit in during the afternoon session, just very short to practice starting and then a one lap of a short course. There will be a race coach on the water to advise and assist.

Junior Saturday Club - Future Race Coaching Sessions

These sessions will run every month through to November. Originally we had said that they would not run in June, July and August. If you are not sure if these sessions are right for your child please talk to one of our coaches. Encourage your child to take part in the Fun Races if they have never raced, before signing up for race coaching. It is important that they can sail a triangular course efficiently.



Training & Development

Junior Saturday Club - Topper Beginners - Jun, Jul, Aug

In June, July and August one Topper group will be dedicated to those moving up from Oppies and those who have no or very little previous experience in Toppers. This will hopefully be more beneficial than starting in a mixed ability group.

Junior Saturday Club - April

This was the second Saturday Club with the new timings, please be sure to have children dressed and ready to sail for the start of the general briefing i.e. 9:00 & 13:30. The weather was good.

Thanks to all our instructors and helpers who made the day a success.

Oppies - report by Alison

Only 3 boats in the morning. so a manageable activity. As it took a long time to beat out we tied up the Oppies and took the sailors back to shore in the PB for their break, which they enjoyed. Sailors chose to finish the session with 'Follow my leader' around the lake rather than joining the racing group.

Only 3 sailors in 2 boats in the afternoon. One sailor was very nervous after not sailing since JH but got some confidence back and did helm.

Topper PM - report by Jeff

Three Toppers worked hard at various tasks including: sailing a triangle course. follow my leader, sailing circles, sailing backwards and one short race. George soon mastered sailing backwards.

Adult Saturday Club - report by Jeff

The weather was great and after a few cancellations things picked up and a good session was had. We were joined by a few sailors coming to sail while there was a power bat on the water. There was a good social feel that lasted into the afternoon. It was great to have seven boats in the Beginners Race. I was told that the standard of racing is progressing nicely. Besides the sailing we had some onshore work threading a main halyard down the mast of a RS Vision and then sorting out the reefing system,

Thanks to all our instructors and helpers who made the day a great success.

A jam-packed day on the water with 3 combined events!

- Get on the Water Challenge (9:30am)
- Social Sailing (2pm)
- JUCANDO • Have a Go Race (The first 'Have a Go' of 2025! Starts at 2:30pm)

ls: Your boat space full of brambles and weeds? You boat cover green and slimy? Your rigging and sails all over the place?

Sound familiar? We have the answer!

Come along on the 18th May and get a helping hand to dig your boat out, rig, and get out on the water!





Our next FUN RACE!

10th May at Saturday Club







Open to all Junior/Youth sailors, so do come along and join us.

At the April 'Fun Race' we had some keen racers booked in and we were blessed with ideal conditions for them all to have a great time. There were 3 Topper and 3 Oppies taking part, and although windy, there were no capsizes - and there was really close racing between both fleets, so well done to everyone. Great to see them booked in for the '3rd Fun Race' on May the 10th.

APRIL FUN RACE RESULTS:

1st Szymon - Topper 4.24th Teddie - Oppie2nd Hugo - Topper 5.35th Victora - Oppie3rd William - Topper 5.36th Theo (helm) Be

6th Theo (helm) Ben (crew) – Oppie

The Toppers did five laps and the Oppies did two. It was exciting to watch as the Toppers and the Oppies changed places with each other several times during the race. Then it was back to the clubhouse for lunch or prepare for the PM sessions.

Amy ran the new Race Coaching session which helped prepare those sailing in the Fun Race, so when booking in on webcollect do indicate if you want to do the Race Coaching session.

Many thanks to Amy, Geoff, Alison and Maxine for their help coaching and recording the results.

If you can tack, gybe and sail a triangle you will have no difficulty in taking part in the 'Fun Race' which is only 25 minutes long. There will be a support boat and instructors on the water giving help and advice to anyone that needs it.

How to take part in the Fun Race:

AM sailors can use the same boat they used in their morning session.

PM sailors – if you want to race, indicate this when booking and a boat can be saved for vou.

Be ready to go on the water by 12.40 so that we can start the race and finish in time for you to be ready for your PM sailing session.

Sign on – Outside the clubhouse there will be a signing on sheet for you to put your name on - please make sure it is clear - along with the other information required (there will be someone there to help if you are not sure where and what to put).

Briefing: Before the race the Race Officer will explain where the race will be and the marks to go around. They will also explain how you will know when the race is about to start and stop.

At 12.40 - Head out to the starting area by the Maid of Kent.

Looking forward to seeing you at the May 'Fun Race' and it would be great to see some new Topper and Oppie sailors having a go, along with some Fevas and Laser 4.7's

When booking on for Saturday Club please say you will be racing. (Many thanks – Diana)